



GLUTEN FREE MENU

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NIBBLES

GARLIC BREAD (VE) £3.50

ADD CHEESE, JALAPEÑO & CHILLIES
OR TOMATO 75P EACH

ADD VEGAN CHEESE FOR £1.00

MIXED OLIVES & SUNDRIED TOMATOES (VE) £4.75

WITH GLUTEN FREE BREAD AND
BALSAMIC GLAZE & OLIVE OIL

SMOKED HUMMUS WITH HARISSA &
GLUTEN FREE CRISPBREAD (VE) £3.75

STARTERS

HOMEMADE SOUP OF THE DAY £4.75

SERVED WITH GLUTEN FREE BREAD & BUTTER

CREAMY GARLIC MUSHROOM (V) £5.25

BUTTON MUSHROOMS IN A CREAMY GARLIC SAUCE,
WITH GLUTEN FREE GARLIC BREAD

SALT & PEPPER CHICKEN £5.95

GLUTEN FREE STRIPS COOKED WITH FRESH CHILLIES,
PEPPER & ONIONS, SERVED WITH A SWEET CHILLI DIP

MEZE PLATTER (VE) £6.25

MIXED OLIVES, SUNDRIED TOMATOES, SMOKED
HUMMUS WITH HARISSA, A BALSAMIC & OLIVE OIL DIP,
SERVED WITH GLUTEN FREE CRISPBREADS

SNACKS AVAILABLE DAILY - 11.30AM - 2.30PM

ALL SANDWICHES, BAGUETTES AND JACKETS ARE SERVED
WITH A DRESSED SALAD GARNISH.

COLD SANDWICHES

A CHOICE OF WHITE OR BROWN BREAD

GLAZED BAKED HAM & CHEDDAR CHEESE £5.25

CHEDDAR CHEESE & RED ONION CHUTNEY (V) 4.95

WARM BAGUETTES

BACON, LETTUCE, TOMATO AND MAYO £5.95

ADD CHICKEN FOR £1.50 EXTRA

BBQ CHICKEN & CHEESE MELT £5.95

HAM & CHEESE MELT £5.95

FALAFEL, SMOKED HUMMUS WITH HARISSA & SALAD (VE)
£5.95

SOMETHING SPECIAL

MINUTE STEAK, CARAMELISED ONIONS & CHEESE SERVED
WITH A SIDE OF PEPPERCORN SAUCE £7.95

CHICKEN, CHORIZO RELISH, RED ONION & CHEESE £6.25

CAJUN CHICKEN, PEPPERONI, ROASTED RED PEPPER,
ONION CHUTNEY & CHEESE £7.75

JACKET POTATOES

BAKING HOT AND FILLED WITH YOUR CHOICE OF THE FOLLOWING:

JUST BUTTER (V) £4.25 CHEESE & BEANS (V) £5.50

CHEESE & BACON £5.95

GLUTEN FREE PIZZAS

WE REALLY WANTED TO BE ABLE TO OFFER YOU A GLUTEN
FREE VERSION BUT THEY DO COST A LOT MORE SO WE HAVE
HAD TO ADD 50P TO OUR NORMAL MENU PRICE.
11" GLUTEN FREE BASES TOPPED WITH TOMATO SAUCE AND
MOZZARELLA & CHEDDAR CHEESE. CHOOSE FROM:

MARGARITA (V) - EXTRA CHEESE & TOMATO SAUCE £6.45

HAWAIIAN - HAM & FRESH PINEAPPLE £8.45

PEPPERONI - SLICED PEPPERONI & DOUBLE CHEESE £8.25

VEGGIE SUPREME (V) - MUSHROOMS, RED ONIONS AND
ROASTED RED PEPPERS, DRIZZLED WITH PESTO OIL £8.00

MEAT FEAST - PEPPERONI, CAJUN CHICKEN, HAM AND
CHORIZO £9.45

SEAFOOD SIZZLER - PRAWNS, TUNA, RED ONIONS, AND
JALAPENOS & CHILLIES, FINISHED WITH SIRACHA £8.75

ADD EXTRA TOPPINGS:

£1.50 EACH - HAM, PEPPERONI, CAJUN CHICKEN, BACON,
CHICKEN, CHORIZO, SUNDRIED TOMATOES

75P EACH - PEPPERS, RED ONIONS, MUSHROOMS,
PINEAPPLE, EXTRA CHEESE, JALAPENOS & CHILLIES,
ROASTED RED PEPPERS

SALADS

MIXED LEAVES WITH CUCUMBER, TOMATO, RED ONION,
PEPPERS AND A SPRINKLING OF POMEGRANATE SEEDS

JUST DRESSED £6.50

CHICKEN & BACON £9.50

TERIYAKI CHICKEN WITH PINEAPPLE £10.25

FALAFEL, GUACAMOLE & PIQUANTE PEPPERS (VE) £9.95
THEN CHOOSE A DRESSING (ALL V):

LOW FAT VINAIGRETTE

CAESAR

HONEY & MUSTARD

BALSAMIC GLAZE

SIDES & EXTRAS

CHUNKY CHIPS	£2.95	FRIED EGG	£1.00
SKINNY FRIES	£2.95	GRILLED PINEAPPLE	£1.00
SWEET POTATO FRIES	£3.95	PEPPER SAUCE	£2.25
MARKET VEGETABLES	£2.95	GRAVY	£0.75
SIDE SALAD	£2.95		
GF BREAD & BUTTER	£1.00		

CHECK OUT NIBBLES FOR
GARLIC BREAD OPTIONS

We strive to deliver quality food, produced fresh to order. Quality takes time so there may be a wait during busy times, we apologise in advance. All weights are approximate prior to cooking. All dishes are subject to availability. Dishes may not list all ingredients. Our food is produced in a multi-product environment. Meat, poultry and fish products may contain bones/shells. Please inform your server of any allergies before ordering to ensure all products are suitable. BBQ Denotes flavourings not cooking method.

(V) - Suitable for Vegetarians (VE) - Suitable for Vegans (GF) - Gluten free
(GFA) - Gluten free available

GF MAIN COURSES

10OZ GAMMON STEAK £10.50

CLARKSON'S OF LEYLAND DRY CURED GAMMON, WITH EGG & PINEAPPLE, CHIPS & GARDEN PEAS

GLAZED HAM & DOUBLE EGG £8.95

GENEROUS SLICES OF JUICY HAM SERVED WITH TWO FRIED EGGS SERVED WITH CHIPS & FRESH VEGETABLES

STEAK & ALE PIE £10.25

CHUNKS OF SLOW COOKED, TENDER BEEF IN A RICH GRAVY WITH ONIONS AND CARROTS, TOPPED WITH MASHED POTATO, AND SERVED WITH CHIPS AND FRESH VEGETABLES

CHILLI CON CARNE £9.95

MEDIUM HOT BEEF CHILLI, WITH JALAPENOS & KIDNEY BEANS SERVED WITH RICE & CHIPS AND TOPPED WITH SOUR CREAM

GF PASTA

PLEASE ALLOW EXTRA TIME FOR US TO COOK YOUR PASTA

CHICKEN, CHORIZO, RED ONION & TOMATO GLUTEN FREE PASTA BAKE £9.95

TOPPED WITH CHEESE AND BREADCRUMBS, WITH GARLIC CIABATTA

SPICY TOMATO PASTA (VE) £8.50

PENNE PASTA, MUSHROOMS, RED ONIONS, MIXED PEPPERS, COURGETTES, SMOKED PAPRIKA, FRESH CHILLIES AND GARLIC IN A RICH TOMATO SAUCE

ADD CHICKEN FOR £2.50

GF LIGHT BITES

IDEAL FOR THOSE WITH A SMALLER APPETITE OR BIG KIDS!! FOR FULL DESCRIPTION OF DISHES SEE MAIN COURSES

FISH & CHIPS £6.95

CHILLI CON CARNE £6.50

5OZ GAMMON £6.95

GLAZED HAM & EGG £5.95

SPICY TOMATO PASTA £5.95

WITH CHICKEN £1.50 EXTRA

4OZ RUMP STEAK £7.25

WHY NOT UPGRADE TO SWEET POTATO FRIES FOR £1.50

PLEASE ADVISE US OF ANY OTHER ALLERGIES

GF DESSERTS

ALL DESSERTS SERVED WITH CUSTARD, VANILLA ICE CREAM OR DOUBLE CREAM UNLESS STATED OTHERWISE.

RASPBERRY FRANGIPANE (VE) £5.25
WITH RASPBERRY SORBET

CHOCOLATE BROWNIE SANDWICH £5.50
VANILLA ICE CREAM SANDWICHED IN RICH BROWNIE, FINISHED WITH CHOCOLATE SAUCE

CHEESECAKE OF THE DAY - ASK FOR TODAY CHOICE £5.50

GF CURRY CORNER

ALL SERVED WITH RICE, EXTRA MINI POPPADUMS AND MANGO CHUTNEY. CHOOSE FROM:

CHICKEN TIKKA MASALA £10.25

CHICKEN JALFREZI £10.25

CHICKPEA, SWEET POTATO & SPINACH CURRY (V) £9.75

JACKFRUIT CURRY (VE) £9.75

GF SEAFOOD DISHES

FISH & CHIPS £10.50

FRESH HADDOCK IN A GLUTEN FREE BATTER, SERVED WITH CHIPS AND MUSHY OR GARDEN PEAS

GF FROM THE GRILL

ALL THE BELOW DISHES SERVED WITH CHUNKY CHIPS, GRILLED TOMATO, BUTTON MUSHROOM & GARDEN PEAS.

BUTTERFLIED CHICKEN £9.95

8OZ RUMP STEAK £12.95

ADD PEPPER SAUCE FOR £2.50

GF BURGERS

ALL SERVED ON A TOASTED GLUTEN FREE BREAD ROLL WITH SALAD, WITH A BURGER RELISH AND FRIES.

BUTTERFLIED CHICKEN BREAST £8.95

ADD ANY OF THESE EXTRA TOPPING FOR £1.00 EACH:

BACON, CHEESE, ONION RINGS, FRIED EGG, PINEAPPLE, JALAPENOS & CHILLIES

CAJUN CHICKEN BURGER £9.95

TOPPED WITH CHILLIES, JALAPENOS AND CHEESE

CHICKEN & CHORIZO BURGER £9.95

BUTTERFLIED CHICKEN BREAST TOPPED WITH A RICH CHORIZO RELISH AND CHEESE

VEGAN BURGER (VE) £9.95

AN AMAZING PLANT-BASED BURGER PATTY TOPPED WITH VEGAN CHEESE, JALAPENOS AND VEGAN MAYO

PLEASE KEEP YOURSELF, OTHER CUSTOMERS & OUR TEAM SAFE BY FOLLOWING OUR GUIDELINES FOR SOCIAL DISTANCING MEASURES

SUNDAY LUNCH

THIS WEEKS CHOICE OF ROAST MEATS, SERVED WITH A GLUTEN FREE YORKSHIRE PUDDING, ROAST POTATOES, FRESH VEGETABLES AND ROAST GRAVY.

ADULTS £10.95 CHILDREN £6.95

STICKY TOFFEE PUDDING £5.50

BUILD YOUR OWN ICE CREAM SUNDAE £4.95

3 SCOOPS SERVED WITH A FLAKE, CREAM, AND STRAWBERRY OR CHOCOLATE SAUCE. CHOOSE FROM:

VANILLA STRAWBERRY CHOCOLATE
RASPBERRY SORBET (VE)

DEATH BY CHOCOLATE SUNDAE £5.50

CHOCOLATE & VANILLA ICE CREAM, BROWNIE CHUNKS, CHOCOLATE SAUCE, WITH CREAM, WAFER AND A FLAKE

ASK ABOUT OUR FULL RANGE OF HOT DRINKS